

Rec'd 2/5/99

**NOTIFICATION PURSUANT TO**  
**SECTION 6 OF DSHEA**

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **American Body Building Products® Kick Some Mass™** #55477, #55478, #55479, #55483, #55484, #55488 & #54898 bearing the statements set out below:

**Weider Nutrition International, Inc.**  
**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim for **Creatine / Glutamine /Carbohydrates & Protein** is as follows:

- (Statement 1) Creatine monohydrate increases muscle protein synthesis while expanding the diameter of muscle fibers by opening cell pathways for increased hydration.
- (Statement 2) Glutamine can also increase protein synthesis and decrease protein degradation (catabolism).

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 1<sup>st</sup> day of February, 199 9.

WEIDER NUTRITION INTERNATIONAL, INC.

BY:

LR Bucci

DR. LUKE R. BUCCI  
Vice President of Research